



An **ArcBest** Company

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### Select ABF Freight® Cargo Handlers Earn Membership in 2016 Load Team

- Exceptional freight-handling professionals from 10 ABF Freight Service Centers earn recognition
- Selections based on personal integrity, safety records and proven ability to load trailers optimally

FORT SMITH, Arkansas, January 14, 2016 — ABF Freight®, an ArcBest company (Nasdaq: ARCB), is honoring 10 dockworkers with membership in the 2016 ABF Freight Load Team, an elite group of top freight-handling professionals from distribution centers throughout the ABF Freight North American network.

The 2016 Load Team members and their service centers are: Marc Abrahams of Carlisle, Pennsylvania; Derek Jones of Albuquerque, New Mexico; Chris Barlett of Dayton, Ohio; Gary Odom of Little Rock, Arkansas; David Borem of South Chicago, Illinois; Javiel Pena of Dallas; Jay Bouck of Salt Lake City; Marcus Rushin Jr. of Atlanta; Gerald Coleman II of Kansas City, Missouri; and Stephen Trueblood of Winston-Salem, North Carolina.

Load Team members are selected on the basis of their safety records, involvement in ABF Freight's Quality Process, personal integrity and their ability to load trailers in an optimal fashion — all skills that facilitate the safe, timely and efficient movement of shipments. The Load Team program was established in 1994 to honor outstanding performance and to draw upon dock employees' insights regarding dock procedures and equipment.

"These 10 freight-handling professionals are the embodiment of the ABF Freight commitment to our customers and the quality of our services," said Mike Moss, ABF Freight senior vice president of operations. "We are grateful for their professionalism and for the outstanding example they set in serving our customers with excellence."

#### **ABOUT ABF FREIGHT**

ABF Freight® operates the core less-than-truckload network for North American shippers of all sizes who value quality and an exceptional experience. Our customers know we'll find a way to deliver superior regional and long-haul LTL solutions, including best-in-class trade show, white glove, expedited and time-critical services. With easy access through a single point of contact to a broad array of logistics services at our sister companies, we meet all supply chain needs.

#### **ABOUT ARCBEST**

ArcBest Corporation® (Nasdaq: ARCB) solves complex logistics and transportation challenges. Our companies and brands – ABF Freight®, ABF Logistics®, Panther Premium Logistics®, FleetNet America®, U-Pack® and ArcBest Technologies – apply the skill and the will with every shipment and supply chain solution, household move or vehicle repair. ArcBest finds a way. For more information, visit [arcb.com](http://arcb.com), [abf.com](http://abf.com), [pantherpremium.com](http://pantherpremium.com), [fleetnetamerica.com](http://fleetnetamerica.com) and [upack.com](http://upack.com). ArcBest Corporation®. The Skill & The Will®.

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